



STEPHANIE A. URCHICK  
RI President



RAAKHI GUPTA  
Dist. Governor

Charter Dt : 13/3/1992  
Club ID No. : 28593

Rotary

District 3056



# ROTARY CLUB OF UDAIPUR MEERA



October  
2024

**Embracing Diversity &  
Tradition A Garba Celebration**



Rtn. Dr. Preeti Sogani  
President



Rtn. Neelam Dubey  
Secretary



Rtn. Mukesh Gurani  
Asst. Governor



Rtn. Madhu Sareen  
Chief Editor



## 07 Areas of Focus Rotary



Basic  
Education  
& Literacy



Maternal &  
Child  
Health



Peace &  
Conflict  
Prevention /  
Resolution



Disease  
Prevention  
&  
Treatment



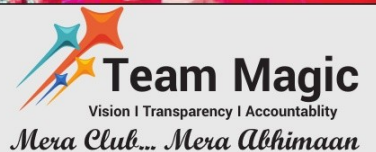
Water,  
Sanitation  
& Hygiene



Community &  
Economic  
Development



Support the  
Environemt



Mera Club... Mera Abhimaan 01



ACE Scanner



**1st October**

**FB Live Session**  
**Dr. Guneet Monga**  
by  
**Rtn Jyoti Kumawat**  
at  
**Madhu Sareen's Studio**



**2nd October**

**Educational Trip For Students To Third Space** 35 students and 4 teachers from Neemachkheda sponsored by PP Sangita Mundhra





2nd October

Students Celebrating Gandhi & Shastri Jayanti - Values that shape a Nation  
Certificate & Trophy sponsored by Program Chairperson Rtn. Jyotsana Jain



2nd October

Leaders of Integrity - "Reflecting on Gandhi & Shastri's Life Episodes at Heritage International School. Certificates and Trophy Sponsored by Rtn. Kuku Likhari.



Dressed as Gandhi ji & Shastri ji

2nd October

Celebration of Gandhi and Shastri Jayanti by  
Rotary Club of Udaipur Meera - Interact Club of Toyoland at Gulab Bagh.





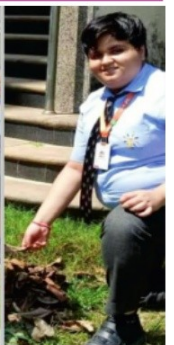
**2nd October**

**RCU Meera Celebrating the Legacy of Leaders Gandhi Jayanti and Shastri Jayanti, at Witty International School, Udaipur.**



**2nd October**

**"Swabhav Swachhta" Initiative at Witty International School**



**3rd October**

**Pedicure, Manicure and Korean Hair Spa Workshop at NICC program Chairperson Rtn. Dr. Sweety Chhabra.**





7th October

Rs 11,000/-, 50 kg Chawal and 15 kg oil gifted to Manav Seva Sanstan  
By Rtn Dr Urmila Jain



8th October

Session on the dark sides of Junk Food by Rtn. Dr Rekha Soni





**9-10 October**

**Dandia Night at WIS Campus & Rotary Bajaj Bhawan**





9th October

World Mental Health Day - Esteemed Experts and Guests



MAKE YOUR MENTAL HEALTH A PRIORITY!

THIS WORLD  
**MENTAL HEALTH  
DAY**

JOIN US FOR AN ENLIGHTENING SESSION  
WITH ESTEEMED EXPERTS

**DR. SHILPA GOYAL**  
MS (GYNAECOLOGIST)  
MAGNUS HOSPITAL, UDAIPUR

**DR. ANJU GIRI**  
(INTERNATIONAL PSYCHOLOGIST)  
MENTAL HEALTH FIRST AID  
SERVICES, UDAIPUR

ALL ARE WELCOME TO JOIN US ON  
DATE - 9TH OCTOBER, 2024

VENUE: ASHOKA GREEN, 100 FEET ROAD, SHOBHAGPURA, UDAIPUR  
TIME: 2:00 PM ONWARDS, FOLLOWED BY HIGH-TEA  
FOR MORE ENQUIRIES & DETAILS: ☎ +91 9694099877

**Rtn. Dr. Preeti Sogani**  
President

**Rtn. Neelam Dubey**  
Secretary

9th October

Dandia Celebration by Toyland Interact Club.



Garba fun by Toyland Interact





**9th October**

**Dusshera celebration by Heritage Interact Club**



**10th October**

**Law Career Counselling by Mr Abhay Ozha and Mr. Harshavardhan Singh At Witty International School.**





16th October

Visited Piplantri Dist. Rajsamand for Global Grant.



19th October

Sharing Smiles : The Rotary Interact Club of Witty International Diwali Initiative - "Little Hands Big Hearts". Sharing their Toys & Books.





19th October

Rotary Club Of Aishwarya Sponsored by RCU Meera,  
Celebrated Maharshi Valmiki Jayanti



22th  
October

Stress Less, Smile More RCU Meera and Interact Club of MGGS Dhanmandi  
School presented a stress busting session with renowned expert Rtn. Guneet Monga.





22th October

8th General Meeting at Field Club with Guest speaker Adv. Mrs. Ragini Sharma



24th October

**World Polio Day** : Spreading Hope and Joy... Distributed colourful balloons and educational material with awareness message of Polio free World and importance of vaccination and prevention in 3 Wards of Bal Chikitsalya of MB Hospital





**24th October**

30 pairs of shoes and slippers distributed to students of Math Madri Govt. School. All slippers and shoes were sponsored by Rtn. Dr. Urmila Jain.



**24th October**

RCU Meera and Interact Club of MGGS Dhanmandi School had an unforgettable experience connecting with the elderly at Anand Vruddhashram





25th October

Diya making and decorative items workshop by expert Rtn. Yogini Dak.  
at The Universal School. Chairperson Rtn. Monika Singhatwadia





**27th  
October**

### RCU Meera Interactors of Toyland

Collected reuse clothes, shoes, bags, stationery, Sweets, candles and diyas with some eatables to share happiness with some needy children. Thanks Rtn. Cuckoo likhari Advisor Interact for motivating students for service above self.





27th  
October

Distributed more than 200 used clothes to needy. Clothes were collected from Rtn. Dr. Preeti Sogani, Rtn. Meera Majumdar, Rtn. Madhu Sareen and Rtn. Neelam Dubey. It was soul satisfaction Seeing their happy faces.



27th  
October

Mission " Avoid Plastic "Distributed 100 cotton bags Bags were jointly sponsored by Rtn. Meera Majumdar and Rtn. Dr. Preeti Sogani





**29th  
October**

On occasion of Dhanteras gifted 75 sets of mens wear. Sets were sponsored by club members Rtn. Dr. Preeti Sogani , Rtn. Neelam Dubey, Rtn. Madhu Sareen, Rtn. Sapna Dwivedi and Rtn. Mumal Shaktawat



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- ▶ Artificial Disc Replacement
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- ▶ Spine fracture fixation

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- ▶ 5 Bed Surgical ICU with Ventilator and Multipara Monitors
- ▶ 10 Air Conditioned Well furnished Deluxe Rooms
- ▶ 10 Bed General Ward
- ▶ 24 Hour Emergency Services

*We want everyone to keep going. And it's not just planting the tree.  
It's nurturing the tree to ensure that it thrives. Planting a tree is a commitment to the future.*



# 10 Ways to Engage Your CLUB MEMBERS

01

Keep Your Meetings Interesting & Ensure They Add Value



Choose Projects Your Members Care About

02

03

Congratulate Successes inside & outside the club



Why?

Help Members Create Their "Why" or Their Rotary Moment

04

05

Give Members Ownership



Consider a Member Retention Chair

06

07

Customize Club Communications to reach members where they are at



Have Fun with Fellowship

08

09

Record & Remind of Impact



Commit to trying ONE Thing New Each Year

10





# FOUR-WAY TEST

FOUR QUESTIONS – 24 WORDS

## THE UNIQUE STEP-BY-STEP PROCESS

## PROCESS TO ACHIEVE DESIRED OUTCOMES THAT ARE ETHICAL, FAIR AND BENEFICIAL TO ALL

### IS IT THE **TRUTH**?

- Clarity
- Transparency
- Fact checking
- Ethical behaviour

That we do our homework to collect information and to apply critical thinking by asking questions to know the difference between facts, beliefs, assumptions, and opinions as well as know what we don't know.

### IS IT **FAIR** TO ALL CONCERNED?

- Inclusion
- Empathy
- Acceptance
- Belonging
- Accountability

That we use empathy to see other points-of-view in the context of the problems to be solved and the goals to be reached.

### WILL IT BUILD **GOODWILL** AND **BETTER FRIENDSHIPS**?

- Trust
- Do good
- Feel good
- Have fun

That the process is civil, and there is a feeling of respect and openness to ask the "dumb" question, they can lead to creative and innovative answers. Also, people prefer to work with people they like, respect and trust.

### WILL IT BE **BENEFICIAL** TO ALL CONCERNED?

- What if scenarios
- Trade-offs
- Being creative and innovative
- Better decision making

That these are the conflict transformative answers and decisions that can lead to mutually satisfying solutions, that are sustainable and scalable. This can be an iterative process as we learn more from doing and continuously improving with time.



## Reasons to join Rotary (From sources across the web)

<b>01</b>	<b>Friendship</b>	<b>11</b>	<b>Entertainment</b>
<b>02</b>	<b>Business development</b>	<b>12</b>	<b>The development of social skills</b>
<b>03</b>	<b>Personal growth and development</b>	<b>13</b>	<b>Family Programs</b>
<b>04</b>	<b>Leadership development</b>	<b>14</b>	<b>Vocational skills</b>
<b>05</b>	<b>Citizenship in the community</b>	<b>15</b>	<b>The Development of Ethics</b>
<b>06</b>	<b>Continuing Education</b>	<b>16</b>	<b>Cultural awareness</b>
<b>07</b>	<b>FUN</b>	<b>17</b>	<b>Prestige</b>
<b>08</b>	<b>Public speaking skills</b>	<b>18</b>	<b>Nice people</b>
<b>09</b>	<b>Citizenship in the world</b>	<b>19</b>	<b>Absence of an official creed</b>
<b>10</b>	<b>Assistance when traveling</b>	<b>20</b>	<b>The opportunity to serve</b>



  
**Neelima Jewels**

**Discover  
the Elegance**

*With Neelima Jewels*

*Phoenix Lifestyle, G-3, Sukhadia  
Circle, New Fatehpura, Panchwati,*



## TENTATIVE NOVEMBER PROJECTS

3rd November	- 30 Big Umbrellas gifted by Rtn. Pushpa Kothari with members.
6th November	- 9th General Meeting Diwali Milan on at Field club
9th November	- On the Occasion of Birthday Rtn. Neelam Dubey gifted 2 library Almari worth 5850 each total 11,700/- for Govt. School, Sukher as per their need.
12th November	- Dr. Baldeep Sharma by Rtn Kavita Srivastava
15th November	- As a part of Children's Day celebration 5 almaris were gifted for Library at Sr. Secondary School, Sukher by Rtn. Neelam Dubey, Rtn Vandana Mutha, Rtn Dr. Sonu Jain, and Dr. Taruna Mathur. along with 500 books gifted by Rtn Dr. Preeti Sogani and Rtn Madhu Sareen
15th November	- Celebration of Children's Day at Witty International
15th November	- Celebration of Children's Day at Witty International
15th November	- Children's Day celebration RCU Meera Interact Club of Toyland Fancy Dress Competition, Science Experiments, Fun activities dance competition, outings All items and gifts sponsored by Rtn Kuku Likhari
15th November	Press coverage
18th November	9th General Meeting at Field club Guest Speaker - Rtn. Mukesh Sharma
20th November	FB Live Rtn Archana Shaktawat with Rtn Maanya Navneet a spoken English and personality Trainer
20th November	"Heartwarming Visit to Sarika Bhatt Orphanage! RCU Meera and The Interact Club of MGGS Dhanmandi School visit to Sarika Bhatt Orphanage
22nd November	Free health Check up Camp at Sharma Clinic
24th November	District Public Seminar Udaipur
25th November	Free OPD of Dr. Dheeraj Jain and team from Ahmedabad 23 patients visited and took benefit of the service.
26th November	200 food packets were distributed at Tithardi Village by Rtn. Dr. Rekha Soni.
26th November	200 packets of food distributed today at Sanskrit Govt. School Titardi by Rtn. Dr. Rekha Soni

### Details of the Programs to be followed....

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HAPPY BIRTHDAY!

9TH NOVEMBER

NEELAM DUBEY

DR. VIMLA DHAKAR

12TH NOVEMBER

13TH NOVEMBER

SONAL BOLYA

DEVIKA SINGHVI

16TH NOVEMBER

19TH NOVEMBER

GARIMA AGRAWAL

YOGINI DAK

23TH NOVEMBER

26TH NOVEMBER

NAVNEET KAUR BAGGA

MAHESHWARI BHATNAGAR

29TH NOVEMBER

Happy Anniversary

15th November	Sweetie Chhabra
18th November	Meena Aggarwal
19th November	Shraddha Gattani
20th November	Garima Babel
21th November	Rekha Bhanawat
22th November	Richa Rupal Vyas
22nd November	Aastha Murdia
25th November	Taruna Mathur Sangita Mundhra
27th November	Dr. Guneet Monga
29th November	Sadhana Kothari



Dr. Nishtha Sareen D/o Rtn. Madhu Sareen  
Recognised as "Woman of the Year in Healthcare-Gold"  
by International Stevie Awards

CONGRATULATIONS

## विजयलक्ष्मी 'कैट' की जिलाध्यक्ष नियुक्त

उदयपुर दोपहर (वि.)। राष्ट्रीय संगठन 'कैट' कॉन्फ्रेंडरेशन ऑफ ऑल इंडिया ट्रेडर्स की स्टेट कोऑर्डिनेटर चार अग्रवाल ने विजयलक्ष्मी गलूंडिया को कैट वूमन विंग की जिलाध्यक्ष नियुक्त किया है। गलूंडिया ने बताया कि कैट एक सशक्त राष्ट्रीय संगठन है जो लाखों छोटे और मध्यम व्यापारियों एवं उद्यमियों का प्रतिनिधित्व करता है। आज के तेजी से बदलते बाजार में महिला उद्यमियों, व्यवसायियों एवं पेशेवर महिलाओं को उनके बिजनेस को बढ़ावा देने, प्रचार प्रसार करने, चुनौतियों का सामना करने, ज्ञान साझा करने एवं महिला व्यवसायियों को सशक्त मंच प्रदान करने, सरकार की पॉलिसियों की जानकारी देने, स्किल डेवलेपमेंट, व्यवसाय के नए अवसर से रुबरु करवाने के लिए पूरे राष्ट्र में कैट विमेन विंग कार्यरत है। जिससे छोटे से लेकर बड़े सभी व्यवसाय, उद्योग और पेशे की महिलाएं बिना किसी बाधा के एक दूसरे के साथ सहयोग कर सीख सकें एवं विकास कर सकें। कोटा संभागीय अध्यक्ष सुमन गोयल ने बताया कि कैट विमेन विंग की राष्ट्रीय एडवाइजर स्मृति ईरानी हैं।







**Most Financially Sound  
Largest  
Most Powerful  
Networking Service  
Organization**

Whose flag is recognized in more  
Countries than any other flag in the world

**Every minute of every day Rotary:**

- \* Feeds someone
- \* Houses someone
- \* Vaccinates someone
- \* Performs surgery on someone
- \* Comforts someone
- \* Provides clean water to someone

**THIS IS ROTARY!**

**TEAM NOVEMBER**

**Advisor**

Rtn. Maya Chawat

**Director TEACH**

Rtn. Rajkumari Gandhi

**Members**

Rtn. Shikha Kothari

Rtn. Sneha Sharma

Rtn. Sadhana Kothari

Rtn. Urmila Jain

PP Rtn. Shraddha Gattani

Rtn. Dr. Guneet Monga

PP Rtn. Vijaylaxmi Galundia

Rtn. Praveena Mathur

Rtn. Navneet Kaur (Bagga)



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## BOARD MEMBERS (2024-25) - TEAM MAGIC



**Rtn. Dr. Preeti Sogani**  
President



**Rtn. Neelam Dubey**  
Secretary



**Rtn. Dr. Rekha Soni**  
President Elect



**Rtn. Sangita Mundhra**  
Immediate Past President



**Rtn. Brijraj Rathore**  
Sr. Vice President



**Rtn. Kavita Srivastava**  
Vice President



**Rtn. Kusum Mehta**  
Treasurer



**Rtn. Dr. Urmila Jain**  
Joint Secretary



**Rtn. Sneha Sharma**  
Additional Secretary



**Rtn. Dr. Pushpa Kothari**  
Club facilitator



**Rtn. Madhu Sareen**  
Bulletin Editor



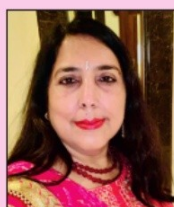
**Rtn. Priyanka Kothari**  
Sergeant at arms



**Rtn. Vijay Laxmi Galundia**  
Director Club Administration



**Rtn. Rajkumari Gandhi**  
Director Service Project



**Rtn. Meera Majumdar**  
Director Membership



**Rtn. Sonu Jain**  
Director Club Foundation



**Rtn. Dr. Shraddha Gattani**  
Director Public Image



**Rtn. Dr. Sweety Chhabra**  
Director Event Promotion & Strategy



**Rtn. Aastha Murgia**  
Director New Generation



**Rtn. Ranjana Choudhary**  
Director Vocational Service



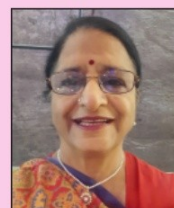
**Rtn. Seema Gupta**  
Director WINS



**Rtn. Jyotsana Jain**  
Director Environment



**Rtn. Richa Rupal Vyas**  
Director TEACH Literacy



**Rtn. Dr. Vimla Dhakar**  
Director Maternal & Child Care



**Rtn. Jyoti Kumawat**  
Director My Rotary & Social media



**Rtn. Devika Singhvi**  
Director Fellowship



**Rtn. Monita Bakshi**  
Director DEI Diversity Equality & Inclusion



**Rtn. Kuku Likhari**  
Director Anti Drug Campaign



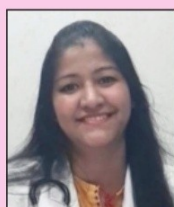
**Rtn. Guneet Monga**  
Director Disease Prevention & Treatment



**Rtn. Jaimeet Kaur**  
Director Peace Building & Conflict Prevention



**Rtn. Sushma Kumawat**  
Director Permanent Project



**Rtn. Dr. Baldeep Sharma**  
Director Greetings



**Rtn. Surbhi Jain**  
Director Greetings



**Rtn. Manju Singhvi**  
Director Games & Entertainment



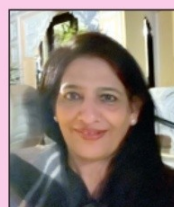
**Rtn. Kavita Baldawa**  
Director Morning Discourse & Awakening



**Rtn. Dr. Harsha Kumawat**  
Director Spiritual & Indian Culture



**Rtn. Manjula Gelda**  
Director Animal Aid



**Rtn. Sheetal Malik**  
Director New member Engagement